Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Goals for 2016-2017

\*Review your goals from last year before setting new goals this year.

Why is it important to set goals?

-Goals give you focus.

-Goals motivate you.

-Goals make you accountable to yourself.

-Without goals, you have no direction.

A famous study conducted on students enrolled in the Harvard MBA program showed that 3% of graduates had hand written goals, 13% had goals in their minds, and 84% had no goals. Ten years later, the 13% with goals in their minds earned an average salary twice as much as the 84% without goals. And the 3% who had written their goals down were earning **10 times** as much as the other 97% of their class. --http://www.positive-changes-coach.com/why-is-goal-setting-important.html

“Set your goals high, and don’t stop till you get there.” -Bo Jackson

"Goals determine what you're going to be." - Julius Erving

"If you're bored with life -- you don't get up every morning with a burning desire to do things -- you don't have enough goals." - Lou Holtz

Please set three goals for this school year. Think about where/who you want to be at the end of the year. Set a goal that challenges your current self.

Academic Goals (Smarter-Balanced score, GPA, grades, course selection, etc):

 Goal One: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Goal Two:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Extracurricular Goal (play a sport, join a club, win/loss record, make captain, get involved, community service, win award, etc): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

This year I pledge to (select at least one):

\_\_\_ Make a new friend \_\_\_ Invite an outsider to my lunch table

\_\_\_ Do 10 random acts of kindness \_\_\_ Stand up to a bully, either for myself or another

\_\_\_ Do my best in my classes \_\_\_ Respect school staff

\_\_\_ Take pride in my school \_\_\_ Get involved in at least one extracurricular activity, school or

 non-school related

We will review these goals at the end of the year.

Remember…

BE RESPECTFUL. BE RESPONSIBLE. BE SAFE.

BE A MAVERICK!!!