Career Talks

Please use the questions/thoughts below to generate classroom discussion.

What are my options after high school?

 -Apprenticeship Program

 -College/University

 -Military Training

 -Trade & Technical Training

 -Work

 \*See page 1 for talking points.

Things to consider when choosing a career.

 -Personality traits

 -Personal interests

 -Job Demand

 -Location of jobs

 -Cost of Education

 -Income/Benefits

How do I choose a career?

 -Explore/Research options (on your own & with others)

 -Job Shadow – The school counselor will help you set up job shadowing opportunities.

 -Complete Career Interest & Personality Inventories – There are a number of these online.

 -Take classes related to your interests

What are some resources that can help me?

 -Teachers/School Counselors

 -See pages 2 & 3

Student handout: What is your passion? (page 4)

 \*Feel free to make copies of this handout, but you may also just have the students draw the diagram on their own paper. Please have students place their diagrams in their Advisory folders.

If time permits, have students visit <http://career.missouri.edu/career-interest-game>. This game is designed to match student interests and skills with similar careers. It then provides specific information about those careers. **Note:** **This is not an option today, as the sophomores are in the labs. You may want to bring up the site so that the students can see what it is about though.**

**Apprenticeship Programs** An apprentice is a person who is—

* at least 16 years old,
* being trained in a particular trade by a skilled worker under a planned program on the job,
* taking classroom instruction (through adult education, at a community college, or in regular school if in a part-time job), and
* in training anywhere from one to six years (depending upon the trade—averaging three to four years).

Some additional facts:

* Employment is based on supply and demand
* The person wanting an apprenticeship may apply to and have a contract with one of the following:
* an employer in the trade
* the association of employers
* the joint apprenticeship committee
* the organization of employees registered with the apprenticeship council

For further information about specific apprenticeship programs, check in the career center and/or meet with your counselor.

College/University

There are several types of colleges and universities. JMHS hosts a college and career fair each year to help you explore your options. The school counselors have additional resources to help you choose the right school to pursue your career interests.

 **Military Training**

You can learn about your chances for success in the military by taking the Armed Services Vocational Aptitude Battery' (AS- VAB). This test is given at local high schools free of charge.

Men and women may enlist in all branches of the military. Enlistment procedures are similar, but the services differ in length of enlistment and opportunities for specific training. Active military enlistments are available in the U.S. Army. Navy. Air Force, Marine Corps, and Coast Guard.

Find your circles of interest and begin the research needed to



**Trade and Technical Training**

The Thomas Edison High School of Technology and many high schools offer a variety of programs in which students may obtain technical training during high school. Landscap­ing, biotechnology, and systems engineering technology are a few of the programs that begin in high school and continue at Montgomery College.

Community colleges, adult education, and private schools have trade and technical training programs for people who are no longer in high school.

**Military Training**

If you decide to get a job immediately after high school you should—

* develop some job-finding and job-keeping skills,
* talk to a counselor or a career information coordinator about job possibilities and/or visit the Maryland State Department of Employment and Training office,
* visit with a cooperative work experience teacher in your high school,
* visit your career and media centers,
* talk with employers about combining work and a part-time college program, and
* investigate career education courses that match your interests.

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| What to do after high school |  |  |

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Hotlist: Career Exploration

Select one or more of these links to find out what careers match your interests and learning style.

* The Career Interests Game, <http://career.missouri.edu/career-interest-game>. This is a game designed to help you match your interests and skills with similar careers. From the University of Missouri Career Center, this game is based on Dr. John Holland's theory that people and work environment can be loosely classified into six groups.
* Drive of Your life, <http://driveofyourlife.org/launch>.This free online career exploration game helps middle school and high school students leam more about themselves, higher education and careers. It asks students to answer a series of questions about themselves to leam what careers could interest them. They then go on a virtual drive to learn more about each of those careers — all in their own customized car.
* Explore Your Options (ACT), <http://www.actstudent>. org — Offers information on many careers. Also offers Career Planning Tips and an interactive World of Work Map.
* How to Make a Career Choice When You Have No Idea What You Want to Do, http://careerp!anning. about.com/od/careerchoicechan/tp/CareerChoice.htm —This is an article with links to other sites that offers self- assessment tips and tools.
* The Princeton Review Career Quiz, <http://www>. princetonreview.com/login3.aspx?RDNB1 — Following completion of a 24-question quiz, participants receive details about interests and work style. Requires an email account. The site also offers practice tests for the ACT, SAT and more.
* Skills Preview for Verizon Associates,

<https://www22.verizon.com/about/careers/pdfs/> SkillsPreviewMarch\_2003.pdf - These tests were written for people who may want a career with Verizon, but they are applicable to anyone seeking a job.

• Free Career Test, http://www.free-career-test.com—This site offers three tests: Career Interest Test, R6sum6 Test and Start Your Own Business Test. It gives a very good summation of interest and learning style. It also has a section called Get Jobs, that offers information about jobs that match areas of inteipst. The My Salary section lists the average salary of more than 20,000 jobs.

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http://www.westernreservepublicemedia.org/careers/images/Get-Ready-For-Your-Career.pdf

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Finding Out About a Career

The links below will direct you to sites that tell you about the careers you have found that interest you.

* OCIS, <http://www.ocis.org> — This Internet-based academic
and career information and planning system is available
to schools throughout Ohio. It is a fee-based system that is
sustained by subscribing schools. The information is up-to-
date and the tools are interactive and engaging.
* Resources for Students and Teachers — Hotlist,

 <http://bls.gov/audtence/students.htm> — This link will connect

 you with the online version of the Occupational Outlook
 Handbook, as well as resources and tools for students,
 parents and educators.

* Ohio Labor Market Information, http://!mi.state.
ob.us/proj/pjojections.htm - This link connects to Ohio
labor market information, which contains many useful tools
and documents that provide projections of the employment
demands and opportunities in Ohio — mostly helpful for
educators and parents.
* Ohio's Career Information System, <http://education>. ohio.gov/GD/Templates/Pages/ODE/— This fink connects to the OCIS webpage on the ODE website — contains additional resources such as the Family Resource Guide, IACP brochure, and archived event information.
* Career and College Planning, <http://educaHon.ohio>. gov/GD/Templates/Pages/ODE/ODEPrimary.aspx This link connects to a resource page for families — information on opportunities available across the state in a variety of interests and needs (Career Centers, Post Secondary Enrollment Options, Dual Enrollment, etc.).
* High School and Middle School FCS (Family and Consumer Science) Programs, <http://education.ohio>. gov/GD/Temp!ates/Pages/ODE/ODEDetail.aspx - This is the link to the ODE website where the Family and Consumer Science content standards and courses are located.

[http://westernreservepublicmedia.org/careers/images/Get-Ready-For-Your-Career.pdf](http://www.westemreservepublicmedia.org/careers/images/Get-Beady-For-Vour-Careerj3df)

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Student Handout

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What Is Your Passion?

1. In boxes 1 through 8, write eight different things that interest you.

1. Decide which you like better box number 1 or 2 and write it in box A. Do the same tor 3 and 4, 5 and 6, and 7 and 8.
2. Decide which one you like better between A and B and write it in the box with the checkmark next to it Do the same with boxes C and D.
3. Now pick the one you liked better from the two checked boxes and write it in the center box.

Adapted from allterrainbrain.org

<http://www.westernreservepublicmedia.org/careers/images/Get-Readv-For-Your-Career.pdf>

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