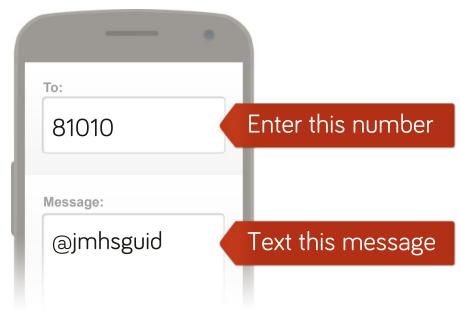
Mrs. Jones would like you to join Guidance!



To receive messages via text, text @jmhsguid to 81010. You can optout of messages at anytime by replying, 'unsubscribe @jmhsguid'.

Trouble using 81010? Try texting @jmhsguid to (304) 579-4061 instead.



*Standard text message rates apply.

Or to receive messages via email, send an email to jmhsguid@mail.remind.com. To unsubscribe, reply with 'unsubscribe' in the subject line.



WHAT IS REMIND AND WHY IS IT SAFE?

Remind is a one-way text messaging and email system. With Remind, all personal information remains completely confidential. Teachers will never see your phone number, nor will you ever see theirs.

Visit remind.com to learn more.